




PROMISES

A PUBLICATION OF THE FLAGLER COUNTY INTERGROUP OF ALCOHOLICS ANONYMOUS

MAY * JUNE * JULY 2024

ANNOUNCEMENTS & INFORMATION

Helpline – 386-445-HELP (4537)

-  **BOWLING** – Saturday June 22, Cost \$10 + tax (includes shoe rental)
Arrive at 5:30 p.m. to pay, get ball and shoes. Bowling begins promptly at 6:00 p.m.
Palm Coast Lanes, Old Kings Rd., Palm Coast
Reservations required - text Carol S. 386-341-9298 by June 20.
- **Flagler County Intergroup District 22** meets the first Sunday of each month 5:00 p.m. Silver Dollar 2 Club at 2729 E Moody Blvd Ste 707, Bunnell, FL 32110
Come and support Intergroup!
- **67th Florida State Convention “Be Amazed!”** Aug 1-4, 2024 — Hyatt Regency, Jacksonville Riverfront, 225 E. Coastline Dr., Jacksonville, FL 32202
Ph: 877-803-7534 <https://67.floridastateconvention.com/>
- **The 2025 International Convention** of Alcoholics Anonymous will be held in Vancouver, BC, Canada from July 3 - 6, 2025. The convention will mark the 90th anniversary of the beginning of the Fellowship's founding¹². The theme of the convention is “90 Years - Language of the Heart”. General registration and housing information will be available on the International Convention webpage in early 2024 <https://www.aa.org/international-convention>

Opportunities for Service:

Women are needed to bring the message of AA to Project Warm and the Women’s Jail in Bunnell. Contact Sara at: dcmdist22@gmail.com for more information!

Gratitude Dinner sponsoring group is Life's a Beach! Thank you for your service!

Workshops quarters 2 & 3 (April/May/June and July/August/September) Usually held on Saturday afternoons 1 – 3 p.m. Host groups provide the venue, clean up, hospitality, refreshments and topic, and GSR will help with up to \$200 toward costs. DSM Sara has offered to assist as a speaker and can suggest topics. Thank you, *Free as a Bird*, for hosting Quarter 4!

I am Responsible. When anyone, anywhere, reaches out for help, I want the hand of A.A. always to be there. And for that: I am responsible.

Written for the 1965 A.A. International Convention held in Toronto, Canada

? WHO'S WHO IN GSR ?

"THE GSR IS THE LINK BETWEEN THE GROUP AND AA AS A WHOLE"

DCM – Sara Alt DCM – Michael TREASURER – Kenny SECRETARY – Gary

Kenny has served as the treasurer for 2 years and is ready to pass the baton!

Please contact your GSR for information.

COMMITTEE CHAIRS

? WHO'S WHO IN INTERGROUP ?

"INTERGROUP EXISTS TO SUPPORT THE GROUPS IN THEIR COMMON PURPOSE OF CARRYING THE A.A. MESSAGE TO THE STILL ALCOHOLIC"

CHAIRPERSON – Glen SECRETARY – Michelle TREASURER – David T.

Vice Chair – Ray G.

COMMITTEE CHAIRS

Helpline – Richie K. Webmaster – Ray Events – Open Position Newsletter – Nancy R./Deb

To make suggestions for the next Promises Newsletter or to add celebrants for August, September, October 2024

Please email: theapromisesflagler@gmail.com by August 15, 2024

Editors' note - Hi from Nancy and Deb, your new Promises editors.

WORD SEARCH

OSBRLXAYESERVICECUTN	ALCOHOLICS
NCUGLIVINGSOBEROYKMF	ANONYMOUS
EZYEP L P F H C H S Z Q I G S N J S	DAILY REFLECTIONS
DVORHV B K B V U I Z Y Z Q Z I V O	STOOLS AND BOTTLES
AWLEWXL ANHVA A E G I W H J B	LIVING SOBER
YLICKKHQYTACWZIOITV	FIRST THINGS FIRST
ALCOHOLICSANONYMOUSI	PROMISES
TUMVQFEQFELLOWSHIPGE	BIG BOOK
ANDEFIRSTTHINGSFIRST	GRATITUDE
TIPRQEZIJJDOYIUJDNOY	SOBRIETY
ITEYHJKBHAXCYECYWAGN	DAILY REFLECTIONS
MYGW PROMISESABDOUKXE	RECOVERY
EXPVGLAFMXYGFZAUMFLC	FELLOWSHIP
OFMDBPOFEUOSWDFMSLWZ	EASY DOES IT
JPOADAILYREFLECTIONS	SERVICE
DTKOMQNBTOIZPHDLSPQG	ONE DAY AT A TIME
ADSYGBIGBOOKOCOMMHEV	ALCOHOLICS
NEASYDOESITCHMRTSBYA	ANONYMOUS
ACTHSTOOLSANDBOTTLES	
GRATITUDEUQPCHDRUIRN	

Flagler County Anniversaries

24 Hour Group

May June

Don T. 7/06/1995 29
Joan M. 7/20/1998 26
William E. 7/03/2007 17

The Message Group

May June

Another Open Door

May June

Kryptonite Group

May June

The Reality Group

May June

Bunnell Beginners Meeting

May June

Learning to Live Life Sober

May June

The Roundtable

May June

Dewey's World

May June

Life's A Beach

May June

The Women's Twelve Step Study Women

May June

Five O'clock Somewhere Group

May June

Lucky To Be Here:

May June

Wednesday Noon Men's Message Group Men

May June

Footprints in the Sand

May

Judy 1980 44
Butch M. 1989 35
Barb W. 2003 21
Carmen F. 2011 13

Mondex Group:

May June

Woman's Acceptance Women

May June

JUNE

John S. 2017 7
Diana N. 2018 6
Don S. 2021 3

No Pain No Gain

May June

Women's Keep it Simple Group Women

May

Sandy P. 5/08/2002 22

June
Lana R. 6/8/1986 38
Roslyn S. 6/29/1991 33

JULY

Karen R. 1998 26
Lisa 2023 1

T.G.I.F.

May June

July

Karen D. 7/24/2004 20
Lisa L. 7/20/2023 1

Free as a Bird

April May June

The 5th Chapter

May June

Keep it Spiritually Simple

Jump Start

May

Richard H. 5/10/2012 12
Connie L. 5/01/2015 9
Nicole F. 5/04/2015 9

The Coming Home Group of Alcoholics Anonymous

May June

May, June, July

June

Glenn F. 6/23/1991
Scott C. 6/10/2015 9

The DT's Group

May June

July

Nancy R. 7/23/1979 45

The Fellowship We

Crave Women

May June

Jump Start Continued